

## The Potty

You can use any receptacle to make a potty. It could even be the toilet in your own home, providing you can get to the bathroom and your house has been relatively stable throughout the disaster. **Assuming that water has been cut off**, just flush the leftover water out, or use it, before you line the toilet bowl!

1. Line the receptacle/toilet with a thick bag – 3mil is best. If you're using regular bags, line it with several. (for example - receptacle could be 5 gallon bucket)
  - a. Put the extra bag on the outside of the receptacle.
  - b. Smooth it close to the receptacle so people's clothing, shoes, or belts or?? don't pull on it.
  - c. For that matter, smooth the INSIDE of the bag so it doesn't keep \*stuff\* from going where it's supposed to go.
2. Pour some kitty litter into the bag.
3. Close the lid on top of the bag if you have a seat. If you don't have a seat, you'll be sitting on the bag on the edge of the receptacle. No biggie. When you gotta go, you gotta go. I've done it and while it's weird, it's not unbearable.

To use the bag twice – since it's really long –

1. Get rid of the poop with the pooper scooper by putting it into another safe bag or set of bags. Bury it somewhere DEEP!
2. Twist the bag tightly and use a tie to tie it off.
3. Settle the bag around the outside of the receptacle. Put in more kitty litter.
4. Go as normal. At the end of this litter's usefulness, untie the first tie you put in the middle of the bag to start over and then tie to whole bag off and bury it REALLY DEEP into the ground.

## Litter Usefulness and Suggestions

Remember to gently rock the receptacle (bucket?) so the effluent gets covered with litter. If the toilet is inside, use the scooper to gently cover the poop.

IF you clean the litter daily by removing the poop, there's a possibility that you won't have to change the litter but once a week. Or maybe longer if you're fastidious about it.

IF you wait and \*stuff\* piles up, you'll have to get rid of everything when it becomes unbearably stinky. Probably within a couple of days. That could be a problem when you run out of everything.

If the toilet is outside, removing poop is probably better done early in the morning when the temperature is cool. (NOT the heat of the day.)

Weirdly enough, being the person to remove the poop gives you a better understanding of how people are feeling. If someone is having diarrhea all the time, you'd better address that soon because it could indicate the possibility of dehydration and ultimately organ shut down over the long haul!

**KEEP A BOTTLE OF HAND SANITIZER NEARBY IF WATER IS AT A PREMIUM. USE IT BEFORE  
AND AFTER YOU USE THE BATHROOM TO KEEP DISEASE AT BAY.  
MY EARTHQUAKE PREPARATION PARTNER**